

**Welcome to Plumleys Café - please order and pay for your food at the counter when you are ready and don't forget to tell us your table number so we know where to find you!!**

- Plumleys Full English (gfo) £9.95**  
Two thick Cumberland sausages, two rashers of back bacon, a Sapling Home Farm egg cooked how you like, Heinz baked beans, field mushroom, roast vine ripened cherry tomatoes, bury black pudding, hash brown & a slice of buttered hand cut toast. Served with a pot of regular Tea or Filter coffee.
- Light Breakfast (gfo) £7.95**  
One thick Cumberland sausage, a rasher of back bacon, Sapling Home Farm egg cooked how you like, Heinz baked beans, hash brown, roasted vine ripened cherry tomatoes and a slice of buttered hand cut toast.
- Vegetarian Breakfast (v) (gfo) £8.95**  
Vegan smoky squash and sweet potato sausage, two hash browns, fried halloumi, Heinz baked beans, roast vine ripened cherry tomatoes. Sapling Home Farm egg cooked as you like it, field mushroom and a slice of hand cut buttered toast.
- Vegan Breakfast (ve) (gfo) £8.95**  
Avocado, roast vine ripened cherry tomatoes, flat mushroom, hash brown, Heinz baked beans, Vegan smoky squash and sweet potato sausage and a slice of hand cut toast with vegan spread.
- Real Ale Rarebit (v/o) £7.95**  
Granary toast topped with our Black Sheep Ale rarebit and your choice of field mushroom or smoked streaky bacon. Served with our homemade tomato chutney and house salad.
- American Pancakes (v/o) £6.75**  
Fluffy American pancakes topped with either smoked streaky bacon and maple syrup or fruit compote and natural yoghurt.
- Granola Sundae (v) £5.25**  
Homemade fruit and nut granola layered with mixed berry compote and natural yoghurt.
- Breakfast Sandwich (v/o) (gfo) £5.25**  
Choose from two fried eggs, two Cumberland sausages or three rashers of bacon, served on a white or malted grain deli roll.
- Breakfast Wrap (v/o) £6.25**  
Cumberland sausage, two rashers of bacon, melted cheese, hash brown and scrambled egg in a soft tortilla wrap.
- Shakshuka (gfo) £8.50**  
Middle eastern baked eggs - rich roast tomato sauce infused with Arabic spices, baked eggs and either crumbled feta or chorizo, served with one of our homemade flatbreads.
- Smoked Salmon and Scrambled Eggs (gfo) £7.25**  
Sour dough toast topped with fluffy scrambled eggs, fresh chives and lightly smoked salmon.
- Plumleys Toasted Treat (vo / gfo / veo) £5.50**  
Two slices of handcut toast topped with your choice of two breakfast items from the 'extras' list.

**Breakfast Extras:**

Cumberland / Vegan Sausage	£1.70	Flat field mushroom	£1.20
Rasher of back bacon	£1.70	Roast vine ripened cherry tomatoes	£1.20
Avocado	£1.70	Free range egg	£1.20
Halloumi	£1.70	Hash brown	£1.20
Bury Black Pudding	£1.70	Heinz baked beans	£1.20
		Grated cheddar cheese	£1.20

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## Light Lunches and Salads

- Chef's Homemade Soup (gfo)** hand cut white or malted grain bread, or upgrade to a homemade cheese scone for 30p. **£4.95**
- Lamb Gyros** Greek style flat bread kebab filled with skin on fries, marinated lamb shoulder, house salad and tzatziki. **£9.95**
- Quiche** Our famous all butter pastry quiche, creamy coleslaw and house salad. See the blackboard for today's filling. **£8.25**
- Spanish Omelette (gf)** Potato, chorizo & onion in a Spanish style omelette, house salad & garlic mayonnaise dip. **£8.95**
- Real Ale Rarebit (v/o)** **£7.95**  
Granary toast topped with our Black Sheep Ale rarebit and your choice of field mushroom or smoked streaky bacon. Served with our homemade tomato chutney and house salad.
- Moving Mountains Vegan Burger (ve)** **£9.95**  
Served in a toasted white bun with homemade burger sauce, crisp baby gem lettuce, sliced tomato and pickled gherkin, with chunky chips and our house salad.
- Plumleys Burger of the Day** **£/market**  
Served in a toasted white bun with homemade burger sauce, crisp baby gem lettuce, sliced tomato and pickled gherkin, with chunky chips and our house salad. Please see the specials board for today's burger.

## Cold Sandwiches

Available on a white or malted grain deli roll, sliced bread, soft tortilla wrap or gluten free bread and served with our house salad and homemade creamy coleslaw

- Cheshire cheese and homemade tomato chutney (v) (gfo) £7.25
- Tuna and lime mayonnaise (gfo) £7.75
- Egg mayonnaise with watercress or streaky bacon (vo) (gfo) £6.95
- Ham hock, salad & homemade tomato chutney (gfo) £8.25
- King and baby prawn marie rose with baby gem (gfo) £8.95

## Hot Sandwiches

Available on a white or malted grain deli roll, sliced bread, soft tortilla wrap or gluten free bread and served with our house salad and homemade creamy coleslaw

- Fish Goujons, watercress and tartare sauce bap £9.25
- Falafel, hummus & aromatic couscous, olive oil flatbread (gfo) £7.95
- Steak and blue cheese (gfo) £8.95
- Ham Hock, sliced plum tomato and cheddar cheese (gfo) £8.75
- Tuna Melt (gfo) £7.95
- Plumleys Club (gfo) - chicken, smoked streaky bacon, egg mayo, gem lettuce and tomato between three pieces of toast. £9.95

## Oven Baked Jacket Potatoes

All served with our house salad and homemade creamy coleslaw.

- Smoked streaky bacon, mushroom and cheese (gf) £8.25
- Tuna Melt (gf) £7.95
- Heinz baked beans and cheese (gf) £6.75

Or choose from any of our hot or cold sandwich fillings.

## Platters

- Meat (gfo) £12.95**  
Black pepper pastrami, parma ham, marinated lamb shoulder & rump steak topped with blue cheese. House salad & coleslaw.
- Vegan (ve) £12.95**  
Homemade falafel bites and hummus, semi dried tomatoes, avocado, aromatic couscous, flatbread, house salad & rainbow raw slaw.
- Trio of Fish £12.95**  
Slices of lightly smoked salmon and cream cheese roulade, king prawn cocktail salad, homemade fish goujons, tartare sauce dip.

## Sides

Chunky Chips £3.25 | Halloumi Fries £3.25 | Fries £2.95

## Daily Specials and Sunday Roast

Every day our team of chefs work with our local suppliers to bring you our daily specials - these dishes are advertised on the blackboard, where you will also find today's soup and quiche filling.

Each Sunday we serve traditional Sunday Roast with all the trimmings, homemade Yorkshire Pudding and proper gravy.

Served daily until 4.30pm (4pm Sundays)

## Freshly Brewed Tea and Coffee

**Pot of Yorkshire Tea** For One / Two **£1.95 / £3.80**

**Loose Leaf Teas** **£2.75**

Supplied by Tea From The Manor - our full range and tasting notes can be found on our separate menu.

**Flowering Teas** from The Exotic Teapot **£2.95**

Vanilla Dreams - Mao feng green tea, peony, lily, rose, vanilla.

Mango Splash - Mao feng green tea, lily, jasmine, mango.

Peachy Rose - Mao feng green tea, peach, rose, marigold

Jasmine Fairies - Mao feng green tea, jasmine, lily

Dancing Lovers - Green tea, peony, chrysanthemum, jasmine

**Filter Coffee** - Freshly brewed, not too strong **£2.00**

**Espresso** - A single strong shot of coffee **£2.00**

**Americano** - Espresso topped up with hot water **£2.40**

**Cappuccino** - Espresso, hot milk and a frothy top **£2.80**

**Latte** - Espresso topped up with hot milk **£2.80**

**Flat White** - Double espresso topped up with hot milk **£2.95**

**Mocha** - Espresso topped up with hot chocolate **£2.95**

**Personalise your coffee** **£0.75**

*With an extra shot of espresso or a flavoured syrup:  
caramel, hazelnut, vanilla, ginger bread, toffee nut, salted  
caramel, pumpkin spice or cinnamon)*

**Hot Chocolate** **£2.95**

**Luxury Hot Chocolate** **£3.95**

*Whipped cream, marshmallows and a Flake*

## Tasty Treats

freshly baked and available daily from open until close.

**Toasted Teacake**, butter and strawberry jam **£2.75**

**Toasted Crumpets**, butter and strawberry jam **£2.75**

**Homemade Fruit or Cherry Scone**, butter & strawberry jam **£2.85**

**Homemade Cheese Scone** served warm with butter **£2.85**

**Sweet Cream Tea** **£5.25**

One of our freshly baked homemade fruit or cherry scones served with butter, strawberry jam, clotted cream and a pot of tea or filter coffee for one.

**Savoury Cream Tea** **£5.25**

One of our freshly baked homemade cheese scones served with butter, tomato chutney, cream cheese and a pot of tea or filter coffee for one.

**Slice of Toast**, butter and strawberry jam, honey or lemon curd **£1.45**

## Afternoon Tea **£14.00 pp**

A selection of finger sandwiches, our daily baked fruit scones filled with butter, jam and clotted cream and a selection of sweet treats all served on a three tier cake stand.

Completed by your choice of hot drink from our menu.

**Afternoon Tea for Two gift tokens make a lovely gift and can be bought from the counter.**

## Cold Drinks

**Coca Cola** (330ml) **£2.95**

**Diet Coke** (330ml) **£2.85**

**Bottle Green Sparkling Elderflower** (275ml) **£2.95**

**Highland Spring Water** (330ml) **£1.95**

Still

Sparkling

**Frobisher's Juices** (250ml) **£2.95**

Pressed Apple

Squeezed Orange

**ChariTea Fairtrade Vegan Iced Tea** (330ml) **£2.95**

Black - Black tea with lemon

Maté - Sparkling black tea with citrus

Red - Rooibos with Passion fruit

Green - Green tea and ginger

**LemonAid+ Fairtrade Sparkling drinks** (330ml) **£2.95**

Passion fruit

Lime

Blood orange

Ginger lemonade



Please see our Little Ladybirds menu for children's drinks.

**All of our hot drinks are made with whole / semi skimmed or skimmed dairy milk as standard, or soya milk if you prefer.**

**We also offer Almond Milk or Coconut Soy Milk (+35p)**

**Espresso based drinks can be made decaffeinated on request.**

## Homemade Cakes and Bakes

Perfect with a cup of freshly brewed tea or coffee.

**Coffee and Walnut Cake** **£3.65**

**Lemon Layer Cake** **£3.65**

**Belgian Chocolate Brownie** **£2.95**

**Millionaire's Shortbread** **£2.95**

**Gluten Free Cake** **£3.75**

**Vegan Cake** **£3.75**

Add a scoop of Ice Cream, clotted cream or custard for 95p

**Cheshire Farm Ice Cream** **from £1.95**

Served in a cone or tub, flavours change regularly so please check the counter or ask your server. Sorbet and vegan Ice Cream are also available.

### Allergens, Food Intolerances and items you're just not keen on

Most of our dishes are made on site so we know just what goes in them. If your meal needs a tweak let us know and we'll do what we can to help. Full allergen information is available on request.

Please be aware that we use nuts and gluten in our kitchen so cannot guarantee dishes are 100% allergen free.

Our loose leaf tea is supplied by Tea From The Manor, using the finest full leaf tea from the best tea gardens around the world.

## Black Teas

### **English Breakfast**

A blend of Ceylon and Assam tea. Full bodied with a coppery coloured brightness.

### **Earl Grey**

Large leaf black China tea scented with bergamot oil.

### **Darjeeling Leaf**

From West Bengal, India. The Champagne of teas.

A fruity, floral aroma, thin bodied and lightly coloured, it is widely acknowledged to be the finest of teas.

### **Chai Spice**

A mixture of Assam tea, cardamom, ginger, cinnamon, cloves, ginseng, ginko and rooibos.

### **Assam**

A bold, black tea with a slightly malty taste grown in India.

### **Ceylon**

Finest quality black tea with a crisp and bright taste.

### **Lapsang Souchong**

A large leaf tea regarded as the best of the black Chinese teas.

Has a smokey, drawn-out flavour.

### **Russian Caravan**

A blend of Darjeeling, Oolong and China Black - full bodied with a sweet malty taste. This tea was transported from the Chinese border to Moscow by camel caravan.

## Green Teas

### **Green**

A traditional fragrant green tea with a distinctive yet delicate taste.

The leaf is attractive, large and twisted with a little tip.

### **Green Peppermint**

Famous for its refreshing virtues and with a delicate, natural mint scent.

### **Gunpowder**

Tightly rolled, green-grey leaves that unfurl when infused.

This tea possesses a slightly fruity flavour.

### **Chun Mee**

An incredibly smooth tea with a subtle sweetness.

It leaves a refreshing aftertaste, reminiscent of plum.

### **Dragon Well (50g)**

A slightly sweet green tea with a refreshing, delicate, chestnut like flavour.

### **Moroccan Mint**

Dried Moroccan mint leaves mixed with China green tea, excellent as a digestif or pick-me-up.

### **Jasmine**

A delicate tea with a light, floral, natural and Jasmine taste.

## Caffeine Free or Low Caffeine

### **Decaf**

Our English Breakfast blend with only a hint of caffeine remaining.

### **Decaf Earl Grey**

Large leaf black China tea scented with bergamot oil, only a hint of caffeine.

### **Nettle**

A cleansing, caffeine free drink.

### **Rooibos**

A naturally earthy, caffeine free full bodied tea that comes from the bright green needled shrubs in South Africa. When processed they turn red.

## White Teas

### **White Downy**

This well-guarded secret of the Chinese emperors is a rare delicacy. The tender white downy tea buds are handpicked and hand processed.

### **Silver Needle**

A white tea with silver tipped leaves, with an exceptionally smooth, rich body making a delicate cup

## Fruit Teas & Special Blends

### **Red Berries**

A fruit blend consisting of hibiscus, rosehip, apple pieces and orange peel.

### **Lemon and Ginger**

Lemon, joined by ginger, creates a harmonious blend.

Lemon brings a zesty zing followed by the warming spice of the ginger.

### **Camomile Flower (50g)**

Essential oils in flowers produce a soothing, pleasant aroma and a fruity character. A beautiful yellow cup, which gives way to a sweet, surprisingly juicy flavour of camomile.

### **Red Berry and Rose Buds**

Fruit blend of hibiscus, rosehip, apple pieces and orange peel rounded off with the delicate edge of rose petals and rose buds.

### **Lotus and Rose**

A charming tea with the natural aroma of lotus with a hint of rose.

### **Apple**

A delicious drink based on a black tea with added earthy tones of sweet apple pieces.

### **Strawberry**

A black tea fragranced with strawberries.

### **Passion Fruit, Guava & Mango**

Flavoured with three of the most renowned tropical fruits this will brighten your day.

### **Vanilla Chai**

Our own chai blend mixed with vanilla black tea.

### **Vanilla**

The flamboyance of the vanilla spice contrasts perfectly with the clean taste of black tea to produce a fresh, fragrant drink.

### **Liquorice**

Sweet, smooth and comforting liquorice is blended with peppermint for zing. A calming, comforting brew full of healthy goodness which helps with digestive cleansing.

### **Cinnamon**

A black tea fragranced with cinnamon

### **Oolong**

Balanced between the richness of black tea and the tang of green tea oolong delivers the best of both worlds.

### **Peppermint Black**

A delicious combination of black tea and peppermint creates a delightful balance between uplifting and soothing.

### **Earl Grey Flower**

Large leaf black China tea scented with bergamot oil coupled with delicate blue cornflower buds.

All of our loose leaf teas are available to buy so you can enjoy them at home too!

Owned by Andy & Elly Yates, the site we trade from has been in the Yates family since 1935. We are very lucky to be located in the heart of the Cheshire countryside and as such, welcome a variety of walking and cycling clubs into our café.

It was always our intention to serve hearty, homemade food and so here at Plumleys Café we bake all of our cakes and tray-bakes, along with the vast majority of the food we serve so we know exactly what goes in to all of our dishes.

If you have any food intolerances, allergies or would just prefer your meal tweaked slightly, please do ask as we will accommodate wherever we can.

We use fairtrade and local suppliers as much as possible and if they have an interesting story to tell, then we will happily share it!



Well there's really only one place to go for eggs and that's Ben and Maxine Wharfe's Sapling Home Farm, whose farmland backs onto the garden centre!

Based on an ethos of sustainable mixed farming their free range eggs really are fresh, local and loved. Also available to buy in our garden shop so you can enjoy them at home too.

Freshly baked bread from Chatwins craft bakery in the heart of Nantwich, using traditional baking skills passed down from father to son, coupled with cutting edge production to produce their delicious range of breads.



**CHATWINS**



Established in 1933, Williams of Flint has grown into one of the most respected catering meat suppliers in the North West. Combining traditional master butcher skills and state of the art meat preparation facilities they provide top quality produce.

Going beyond organic and fair trade, higher prices are paid to the farmers of the raw ingredients to support fair, dignified farming. A donation from each bottle sold goes to the Lemonaid and ChariTea Foundation and is then reinvested in social projects in the growing regions.



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-   Quiet, well behaved dogs are welcome on the garden centre, in the outside seating area of the café and inside the café at the front where the full length windows are. If you are using the café please access it from the outside doors rather than through the gift shop.
  -   Whilst we ourselves love to see our furry friends, please appreciate that our decision to allow dogs in is not popular with some of our customers. With this in mind, if you are bringing your dog with you, please respect the 'dog free' areas, clean up any mess and take it with you or ask a member of staff where you can dispose of it, keep your dog on the floor on a short lead and please do not feed them off our crockery. We realise that most of this goes without saying but our decision to allow dogs in is constantly under review and subject to customer feedback. So in a nutshell, please behave responsibly and don't be that person who causes the complaint resulting in us having to change our policy!
  -   Water bowls and dog biscuits are available from the café.  
We thank you in advance for your co-operation in this matter.